

Sage Alliance Executive Coaching Self-Assessment

This self-assessment is to help determine a base line on an individual and identify areas where coaching would be effective.

Please answer the following questions using the rating that best fits the statement below:

5 = Strongly agree

4 = Somewhat agree

3 = Neutral, don't agree or disagree

2 = Disagree

1= Strongly disagree

- I feel fully prepared to take the next step in my career.
- I know where I want to be in five years and I am pro-actively managing my career to get there.
- I know what my strengths are and I ensure I am leveraging them every day in my job.
- I have identified my development areas and I regularly solicit formal feedback to proactively close the gaps.
- I know how to manage up and tailor my communication effectively.
- I have a strong brand and I continuously manage these perceptions to ensure they are consistent.
- I actively network and have identified the key people in the organization who can champion my career.
- I have visibility at the senior levels in the organization that will lead to greater responsibility and/or promotion.
- I have influence across the organization and I am effective in persuading senior leadership.
- I have a commanding executive presence and make a strong impression.
- I create a sense of empowerment for my team and know how to develop and motivate others to be successful.
- I engage in strategic thinking and share my vision regularly with my team and leadership.

Sage Alliance, a Leadership Performance Company, provides coaching, teambuilding and assessments, workshops and speaking on topics including; leadership development, empowering teams, communications, lasting impressions, personal branding and building a coaching culture for executives and high-potentials - for both team and individual leaders.

Contact us today to discover how your organization can get the most through improved productivity, efficiency and direct impact to your bottom line, while leaders gain powerful insight, crystallize opportunities for growth and fine tune their strengths, enabling them to make the greatest impact. Visit us at www.thesagealliance.com. Or contact Shelley Hammell directly at shammell@thesagealliance.com.